

June 2019

Dear Applicant

Thank you for taking the time to consider applying to become a SAMH Trustee. I hope you find the following informative and helpful.

Established in 1923 SAMH currently operates over 60 services in communities across Scotland; providing mental health social care support, homelessness, addictions and employment services among others and delivering direct support to over 4,000 people every year. We support and engage with many more people through our award-winning campaigns, sport and physical activity and fundraising activities and have recently led the way on bringing the issue of children and young people's mental health to the fore. We are also proud to work in partnership in the management of two of Scotland's national programmes: See Me and Respectme that seek to challenge views and behaviour; increase awareness; and positively contribute to a reduction in stigma & discrimination, and bullying.

Positive changes have taken place in recent years, and we have seen an increase in the prominence given to mental health; but significant challenges remain. We know that each year one in four of us in Scotland will experience a mental health problem; and 79% of people with severe and enduring mental health problems are not in work. Children and young people seeking help are waiting far too long and targets for Child and Adolescent Mental Health Services (CAMHS) support and psychological therapies are not being met.

We are looking to make up to 4 new appointments to strengthen and complement the skills and experience that we currently have on our Trustee Board and help us to progress the work of SAMH to make a lasting impact on the mental health of Scotland.

We have ambitious strategic priorities that include children and young people, suicide prevention and our wellbeing agenda. If you have the commitment, drive and enthusiasm to help us achieve our goals, and bring about an end to mental health stigma and discrimination we would be pleased to hear from you.

Thank you for your interest.



**Chris Creegan**  
Chair, SAMH

Documents for download:

- Role Profile / Person Specification
- Application Form
- SAMH's Report and Financial Statements to 31 March 2018
- SAMH's Impact Assessment Report to 31 March 2018

Additional Information can be found on SAMH's website: [SAMH is the Scottish Association for Mental Health | SAMH](#)

### **SAMH's Trustee Board**

SAMH's Trustee Board is responsible for the overall governance of the organisation and its strategic direction. The maximum number of Trustees is 12 and Trustees are able to serve for a maximum of 2 terms (a term is 3 years).

There are currently 4 Trustee Board meetings a year; a Trustee Board away day; and an annual one-to-one meeting with the Chair. In addition there is an expectation that Trustees will undertake at least one service visit a year and participate in other opportunities.

We have undertaken work to identify areas of particular preference and these are outlined in the person specification.

### **How to apply**

Please visit SAMH's website to access the application pack:  
[www.samh.org.uk/trusteerecruitment](http://www.samh.org.uk/trusteerecruitment)

Completed applications should be submitted to: [jobs@samh.org.uk](mailto:jobs@samh.org.uk)

For a confidential enquiry please call: Chris Creegan, Chair, SAMH on 07973 119204 or Billy Watson, Chief Executive, SAMH on 07772 565465.

### **Recruitment timetable**

Closing date for applications is 5pm on Friday 5 July 2019; with chemistry meetings/ interviews scheduled to be held during July 2019.