

# Become a SAMH Youth Activist!

Are you aged 12-25? Do you want to help us take action for children and young people's mental health?

Join us as a SAMH Youth Activist!

As a Youth Activist, you'll influence the future of young people's mental health through events, workshops, campaign actions and more



# Questions?

[campaigns@samh.org.uk](mailto:campaigns@samh.org.uk)

[www.samh.org.uk](http://www.samh.org.uk)

A stylized illustration of a person's lower body and hands. The person has two legs in a light orange color and two hands holding a sign. The sign is teal with white text. The background consists of two large, overlapping circles, one light pink and one light orange.

**Sign up  
here!**