

Event Terms and Conditions



Please read these Terms and Conditions carefully before registering for the Event.

Definitions

Event – This refers to the stair climbing and challenge event named the SAMH Stomp and any related activities.

Participant/s – This refers to the individual who has registered to take part for the event. This may also refer to the parent/guardian of an individual who is 16 or 17 who has registered for the event.

Event Team – This refers to the event organisers, staff, marshals, volunteers, medical advisors or other event officials.

Event Organiser – This refers to the organising team from SAMH (The Scottish Association for Mental Health) who manage the event.

The following terms and conditions have been produced to inform and guide participants, ensuring their safety and wellbeing. By submitting your registration, the Participant confirms they have read and agree to the Event terms and conditions. The Event Organiser has full discretion to remove a Participant from the event at any time. The Event Organiser reserves the right to deny entry to anyone who intentionally provides false information, has not registered or paid, or in some other way does not meet the entry requirement. All rules set by the Event Organiser must be adhered to at all times by the Participant. The Event Organiser reserves the right to modify, add or remove event rules at any point.

1. Participation

- 1.1. The Event will take place at Barclays Hampden, Glasgow on Saturday 10 October 2026
- 1.2. Participants will not go on the pitch or into any unauthorised areas of the stadium at any time during the event.
- 1.3. On the day of the Event, participants must be aged 16 or over. Participants aged 16 or 17 must have consent from their parent/guardian before registering. Proof of consent will be requested via email from the Event Team.
- 1.4. Participants acknowledge that this is a physically demanding challenge event.
- 1.5. The Participant must be physically well and fit enough to take part and complete the Event. The Event Organiser, Event Team, agents, affiliates, associated companies, sponsors or medical advisors hold no responsibility for any injury, illness or accident that the Participant may incur as a result of participating in the Event, unless caused by negligence of the Event Organiser.
- 1.6. The Event is held in a public place; the Participant must agree that they take part at their own risk and are completely responsible for themselves.

www.samh.org.uk

SAMH is Scottish Action for Mental Health
SAMH is a company limited by guarantee, registered in Scotland No. 82340
Scottish Charity No. SC008897
Registered Office: Brunswick House, 51 Wilson Street, Glasgow, G1 1UZ



- 1.7. Participants confirm that they are medically fit and able to take part in the Event and will not participate if they have been advised against physical activity by a medical professional. Participants are responsible for seeking medical advice if they are unsure about their ability to safely take part.
- 1.8. Participants must comply with all stadium regulations and follow instructions given by the Event Team and venue staff at all times.

2. Disabilities

- 2.1. If you would like to take part in the Event but have a disability which may limit your ability to participate, please contact the Event team for more information stomp@samh.org.uk.
- 2.2. Participants must be able to safely climb stadium stairs and move around the event route without assistance.

3. Registration/Refunds

- 3.1. Participants can apply for a refund within 14 days of their registration date. This must be made in writing.
- 3.2. All registration fees after 14 days are non-refundable and cannot be deferred to future years. To apply for a refund within the 14-day period, email stomp@samh.org.uk. Refund requests must be made in writing. A Participant's place may not be sold or given away to any other individual. A Participant's place may be transferred to someone else following written permission from the Event Organiser. Applications for a transfer can be made to stomp@samh.org.uk at least 30 days prior to the event.
- 3.3. Any Participant who withdraws from the event for medical reasons, either before or during the Event, does not qualify for a refund.
- 3.4. The Event Organiser reserves the right to reject an application should the application not meet the event terms and conditions.

4. Registration Fees/Sponsorship

- 4.1. Registration fees must be paid at time of registration.
- 4.2. Your registration fee contributes to the cost of the Event, including the cost of an event t-shirt for each Participant.
- 4.3. Registration fees are as follows:
 - Classic Stomp - £25
 - Extreme Stomp - £25
- 4.4. Participants acknowledge that the Event is a fundraising event and pledge to raise the minimum sponsorship as follows:
 - Classic Stomp - £150
 - Extreme Stomp - £150
- 4.5. Participants should aim to reach 75% of the minimum sponsorship pledge one week prior to the Event.
- 4.6. Participants must provide full details required on the online registration form, including accurate details of any health problems or conditions and any medication they are taking.

5. Equipment

- 5.1. Participants must wear appropriate footwear and clothing for the event. The Event Organiser reserves the right to remove any Participant from the event if footwear or clothing is deemed unsafe or inappropriate.

6. Event Sign-In

- 6.1. Event sign-in opening time and individual start times will be confirmed prior to the Event.
- 6.2. Participants must sign-in at least 30 minutes prior to their allocated start time. Failure to sign-in 30 minutes or more before the start time may result in your participation being delayed or cancelled.
- 6.3. Participants must bring photographic ID along with their registration confirmation email.
- 6.4. Participants will be provided with a running number which is unique to each Participant. These must be clearly worn at all times during the event. Running numbers may not be transferred/sold/swapped with any other person. Participants will not be allowed to take part in the Event without their running number.
- 6.5. Instructions from the Event Team will be followed by Participants at all times.
- 6.6. Participants will follow all rules and instructions given by the Event Organiser.
- 6.7. The Event Team have the right to remove or disqualify a participant from the Event with immediate effect, if they deem a Participants behaviour unsafe or in contradiction with the terms and conditions.
- 6.8. Any Participants removed from the Event are not entitled to a refund of the registration fee.
- 6.9. We recommend that you don't bring bags and luggage to the stadium. Where possible a bag drop will be made available to Participants on arrival. The Event Organiser reserves the right to search Participant's bags on arrival. The bag drop will be subject to availability, and the Event Organiser reserves the right to cancel the bag drop at any point without notice.
- 6.10. All items left at the bag drop are left at the owner's risk.

7. Safety During the Event

- 7.1. The Event is not a race, and participants should complete at their own pace.
- 7.2. Participants are responsible for their own safety and must use good judgement throughout the event. Participants must show due consideration to other participants, the Event Team and members of the public.
- 7.3. The use of mobile phones is not permitted during the Event.
- 7.4. The use of headphones is not permitted during the Event. Participants must be able to hear the instructions of the Event Team at all times.
- 7.5. Participants should run/walk/climb on the left-hand side.
- 7.6. Overtaking is only permitted whilst going up stairs and on flat surfaces and the Participant must overtake on the right-hand side.
- 7.7. Overtaking whilst going down stairs is not permitted. Participants caught overtaking down stairs will be removed from the event.

- 7.8. Participants are not permitted to carry water or other liquids on the stair route due to the risk of slips. Water stations will be available during and after the event.
- 7.9. Participants must not skip/jump stairs whilst going down.
- 7.10. Participants must follow all safety instructions given by the Event Team, including instructions relating to weather conditions, route changes or event delays.
- 7.11. Alcohol or non-prescription drugs will not be permitted to be consumed during the Event. Any use of these substances during or prior to the Event may result in instant removal from the Event.
- 7.12. No smoking is permitted anywhere during the Event.
- 7.13. Medical staff will be present at the event and are authorised to examine any Participant they deem in need of medical attention.
- 7.14. The Event Organiser reserves the right to pass on any Participant information to the Event medical provider.
- 7.15. By registering for the Event, the Participant authorises the Event medical provider to administer first aid.
- 7.16. Spectators attending the Event do so at their own risk. The Event Organiser accepts no responsibility for loss, injury or damage sustained by spectators except in cases of negligence.
- 7.17. The Event Organiser and Event Team reserve the right to stop or remove any Participant from the Event if they believe the Participant is at risk of injury or illness, or if continuing would pose a risk to themselves or others.

8. Insurance

- 8.1. The Event Organiser takes every care during the Event organisation and staging. The Event Organiser does not take out any insurance on behalf of the Participant and this must be acknowledged by the participant. It is the Participant's complete responsibility to take out any insurance, including for personal items and personal accident. The Participant is not eligible for compensation of any kind from the Event Organiser or any partner companies for the Event, except in the case of negligence on behalf of the Event Organiser or partner companies.

9. Changes to the Event

- 9.1. The Event Organiser reserves the right to cancel, postpone, delay or relocate the Event as a result of emergencies, severe weather or circumstances out with the Event Organisers control. Refunds will not be made available if this occurs.
- 9.2. The Event Organiser reserves the right to alter or adapt the event routes at any time.

10. Communications and Publicity

- 10.1. An email address is required for all Participants and will be the primary method of communication regarding the Event. It is the Participant's responsibility to ensure all information provided is accurate, including the email address.
- 10.2. The Event Organiser may use all the contact information provided to contact the Participant regarding the Event.

- 10.3. The Participant must inform the Event Organiser immediately via email at stomp@samh.org.uk if their contact details change.
- 10.4. The Participant consents to the use of photography or filming throughout the Event. This may be used on television shows, websites, social media, films, posters, advertising or other media platforms.
- 10.5. The Event Organiser may contact you regarding future events and information regarding SAMH. The contact received will be decided by the options the Participant chooses during the registration process. This can be changed at any time by emailing fundraising@samh.org.uk.

11. Data Protection

- 11.1. Data Protection Act 2018 and UK General Data Protection Regulation (UK GDPR): By submitting a registration to take part in the Event, the Participant allows the Event Organiser to use personal data for campaigns and activities connected to the Event. The Event Organiser retains unlimited rights to use and publish photographs and videos of the Participant; to pass these photographs and videos to representatives of the press and to use them for marketing activities.

12. Complaints

- 12.1. If you would like to make a complaint regarding the SAMH Stomp please email us stomp@samh.org.uk or write to us at SAMH Stomp, SAMH, Brunswick House, 51 Wilson Street, Glasgow, G1 1UZ.