

MINI VIRTUAL STOMP TRACKER

This will help you keep track of the staircases you complete. Leave it at the bottoms of your stairs and put a tick or a sticker in a box every time you have travelled up and back down your staircase. This is based on a staircase of 13 stairs.

Each box equals 26 stairs					MILESTONE ONE				
			MILESTONE TWO				MILESTONE THREE		
			MILESTONE FOUR					HALFWAY THERE!	
				MILESTONE FIVE					
MILESTONE SIX						MILESTONE SEVEN			
	MILESTONE EIGHT						YOU DID IT!		

