

WHO IS THE SERVICE FOR AND HOW CAN I BE REFERRED?

The service is for anyone who wants to work and is currently registered with the Community Mental Health Team. Any staff member from the Community Mental Health team can refer you (Community Psychiatric Nurse, Social Worker, Psychiatrist, Occupational Therapist, Psychologist). Let them know at your next appointment that you would like to be referred to the SAMH IPS Service, or call SAMH reception to arrange to speak to your local SAMH employment specialist.



WHERE WE ARE

For more information please contact:

SAMH **Individual Placement and Support Service**

Brunswick House
51 Wilson Street
Glasgow
G11UZ

Tel: 0141 530 1000

Email: enquire@samh.org.uk



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SAMH is the Scottish Association for Mental Health.
Scottish Charity No. SC008897.
Registered office: Brunswick House, 51 Wilson Street, Glasgow, G11UZ.



INDIVIDUAL PLACEMENT AND SUPPORT

DO YOU WANT TO WORK? WOULD YOU LIKE TO FIND A JOB THAT SUITS YOU?



WHAT IS IPS?

SAMH's Individual Placement and Support (IPS) Services support people with mental health problems to gain employment.

The model is based on an SAMH employment specialist supporting you to identify what you want to do and supporting you to find a job that suits you. The employment specialist will also work closely with your local community mental health team to ensure that your goal of gaining employment is part of your care plan and that everyone is working with you to achieve this goal as part of your recovery.

WHAT SUPPORT WILL I RECEIVE?

Your dedicated SAMH employment specialist will offer you a range of services and you can choose what suits your needs and circumstances.



Stage 1: Getting started

Your employment specialist will work with you to identify what kind of job would suit you and what skills and experience you have to offer an employer. They will help you to identify what went well and what didn't from any previous jobs you have had. You and your specialist will then create an action plan on how you are going to get a job and what they will do to support you. They will also help you to get a 'better off in work calculation' to make sure that you will be financially better off than you are now.



Stage 2: Getting a job

There is a wide range of different ways your SAMH employment specialist can help you to get a job. They can help you:

- Create or update your CV
- Carry out weekly job searches
- Complete applications
- Contact employers directly, with you or on your behalf
- Improve your interview skills



Stage 3: In-work support

Once you have been offered a job your SAMH employment specialist will help you to cope with your new role, provide advice and guidance on your role and how to do well in your role. They can also support you by speaking to your new employer to agree any reasonable adjustments you may need. They can also help you to learning your new role and to cope with any issues that may arise.