

Individual Placement and Support (IPS):

The Young Person's Guarantee IPS is for people aged 16-24, living in Glasgow, who are looking to progress towards and into employment. If you have mental health challenges that are presenting as a barrier, SAMH can support you. We will work with you to help you find and keep a job or other positive outcome such as training or volunteering. Our focus is you – we will help you find an outcome that is suited to your needs, interests and aspirations.

Criteria:

- · Age 16 to 24
- Live within Glasgow (GCC postcode)
- Experiencing Mental Health challenges, either diagnosed or awaiting diagnosis
- Receiving Mental Health support

Who can refer?

Any health practitioner, including: CMHT, Mental Health Worker, CAMHS, Support Worker, Social Worker (Contact for more information)

Benefits:

- Your own dedicated IPS Specialist will help you identify strengths
- 1-to-1 continuous support
- Help to create or update your CV
- Carry out job searches
- Complete applications
- Interview preparation
- Contact employers on your behalf



Contact:

Guy.wistuba@samh.org.uk 07713 080406

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AND

WELLBEING



Young Person's Programme:

SAMH has launched our new Step Up Programme alongside Glasgow City Council & NHS Scotland to fulfil the Glasgow Young Person's Guarantee.

We will work closely with youths aged 16 to 24 who may feel at a disadvantage due to mental illness & ensure everyone is given the tools, resources & experience required to obtain a sustainable career that suits their individual needs.

Benefits:

- 12 week learning & development programme (1 day per week)
- 1-2-1 Support
- Opportunities for further education, training, volunteering or assistance towards your chosen career path
 - Financial Advice

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- · Live within Glasgow (GCC postcode)
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Who can refer?

Please contact us to discuss referral

Contact:

shereen.hopkirk@samh.org.uk 07891690430



